



Access codes

A premium account provides your school with the ability to register everyone in your school – all students, parents, educators, librarians, student support and custodial staff. This document contains your two unique access codes, one for educators, staff and parents (e.g., SCH777) and one for students (e.g., STD777). These codes ensure that all of your students and parents are grouped together. Please email us at info@myhealthmagazine.net if you have questions, difficulties or concerns about your access codes.

Student Access
code:

STD077

Educator, Parent and
Staff Access code:

STF078

You can create an account quickly. Simply visit www.myhealthmag.net/register and enter the access code you have been provided when creating an account.

Library accounts

You can also create any number of accounts for computers in your library or learning centre. Simply create an account on every computer in your library. If you click on account icon at the top of the browser (e.g.,  YOUTH1), you can set the account default to try to automatically login the user (with the library account you have created). If you create a link to or just visit www.myhealthmag.net the student will be immediately redirected to the most recent updates from MyHealth Magazine. When creating a library account, you do **not** need to enter an email address.

Promotion:

There are also a number of posters that you may wish to print and post that may be helpful to remind students about this resource. These posters are located here: www.myhealthmagazine.net/downloads.html. In addition, any educator or librarian should feel free to print and post any of the dozens and dozens of practical tips and strategies on any aspect of mental health and wellness, such as how to deal with stress, conflict or boosting your sleep – especially at exam time.

For any difficulties, please email us at info@myhealthmagazine.net.

MyHealth Magazine
is located at the University of Ottawa



Magazine MaSanté
est située à l'Université d'Ottawa